



Non-Insured Health Benefits (NIHB) Program: Dental Client Quick Reference Sheet

Who is eligible for dental coverage under the NIHB Program?

Registered First Nations and recognized Inuit living in Canada.

How do I access dental benefits?

You can call the NIHB Dental Predetermination Centre, your local Health Centre, or an NIHB Navigator to find a dental provider in your area who is enrolled with NIHB. When you make an appointment, let the dental office know that you are an NIHB client. Your provider will complete an examination and let you know what other dental services you may need.

Do I have to pay upfront for dental services?

Many dental providers choose to enrol with NIHB in order to bill the Program directly. NIHB encourages enrolled providers not to charge clients any extra fees for eligible benefits. If a dental provider is not enrolled with NIHB, or if they do not bill the Program directly, you will need to pay for services and submit a request for client reimbursement.

In order to avoid paying upfront, you can call the dental provider's office before your appointment and ask the following questions:

- Is the provider enrolled with the NIHB Program?
- Will the dental provider bill the Program in full?
- Is this service covered under the NIHB Program?
- Will there be any remaining fees to pay?

If the provider will not bill the Program directly, or intends to charge you additional fees for eligible services, you may contact the NIHB Dental Predetermination Centre for assistance in finding another provider who will bill the Program in full.

What do I need to access dental coverage under the NIHB Program?

You will need to show your dental provider one (1) of the following:

- Indian Status Card
- Northwest Territories Gov. Health Card
- Nunavut Gov. Health Card
- NIHB Client Identification Number (N-Number)

If the document does not include your photo, you will also need a piece of photo ID.

Is my infant child eligible for dental coverage under the NIHB Program?

Yes. If an infant under 18 months of age is not yet registered and needs to access dental benefits, please contact the NIHB Dental Predetermination Centre.

What dental benefits are covered under NIHB?

NIHB dental benefits are divided into two schedules (categories) of services.

1. Schedule A services may be provided without predetermination so long as they meet Program guidelines. Examples of Schedule A services include:

- exams and x-rays
- dental cleanings
- fillings
- open and drain emergency procedures
- root canals (except wisdom teeth)
- replacement of complete dentures and denture repairs
- simple and complicated extractions
- orthodontic examination and diagnostic services

Note: Your dental provider can verify your eligibility for services by contacting the Express Scripts Canada Provider Claims Processing Centre.

2. Schedule B services require predetermination prior to services being provided. Predetermination means that NIHB will review the request to confirm that your condition meets the criteria for coverage. Examples of Schedule B services include:

- crowns
- partial dentures
- orthodontic treatment
- surgical extractions (such as impacted teeth)
- root canals on wisdom teeth
- general anaesthesia and sedation

Note: Predetermination requests must be sent by your provider to the NIHB Dental Predetermination Centre.

Are there services not covered under NIHB?

Some dental services are not covered under NIHB. These services are defined as **exclusions**. Examples of exclusions include:

- all porcelain/ceramic crowns
- fixed prosthodontics (i.e. bridge)
- implants and all implant related procedures
- cosmetic services (i.e. bleaching, veneers)
- bruxism (tooth grinding) appliances

What can I do if dental coverage has been denied?

If coverage for a dental service is denied, NIHB clients have the right to appeal the Program's decision. More information on the appeals process can be found on the Government of Canada website (www.canada.ca) by typing "dental appeals" in the search box or by calling the NIHB Dental Predetermination Centre.

Note: Dental services defined as exclusions under NIHB cannot be considered for appeal.

What if I also have coverage under a private health care plan or public program?

If you have coverage under another plan, a claim must be submitted to that plan first. Your other plan will provide you with an "Explanation of Benefits" (EOB) which will be required when seeking provider payment or client reimbursement from NIHB for the remaining eligible amounts.

Can I get reimbursed for dental services that I paid for?

If you paid for eligible benefits, you can submit a client reimbursement request to NIHB. The **NIHB Client Reimbursement Request Form** and instructions can be found on the Government of Canada Website (www.canada.ca) by typing "NIHB client reimbursement form" in the search box.

Please follow all the instructions on the Client Reimbursement Request form. It must be fully completed, signed and mailed to the NIHB Program at the address shown on the form. You will also need to include original receipts, a claim form completed by your dental provider, and an EOB (if you have claimed any amounts from another health benefit plan).

What if I need to cancel a dental appointment?

If you are unable to attend a scheduled dental appointment, contact the dental clinic as soon as possible to cancel and reschedule your appointment for another time. Some clinics will charge a fee for missed appointments if you don't cancel in advance, and the NIHB Program does not cover these fees.

How can I get more information on the NIHB Program?

You can find more information about the NIHB Program on the Government of Canada website at www.canada/nihb.

You can also call the Dental Predetermination Centre at one of the toll-free numbers listed below, or email the NIHB Program at NIHB-SSNA@hc-sc.gc.ca.

CONTACT INFORMATION

NIHB Dental Predetermination Centre (DPC)

Dental Services

Toll Free Phone
1-855-618-6291

Toll Free Fax
1-855-618-6290

Orthodontic Services

Toll Free Phone
1-866-227-0943

Toll Free Fax
1-866-227-0957

Government of Canada – First Nation Status Registration

Toll Free Phone
1-800-567-9604

TTY Toll Free
1-866-553-0554

Inuit clients may contact their land claim organization for information about registration.

DID YOU KNOW?

- Initiating your child early to dental visits can promote a positive attitude towards oral health.
- The first dental visit should be scheduled by your child's first birthday.
- Dipping a pacifier into something sweet or putting your baby to bed with a bottle increases the risks of tooth decay.
- Brushing your teeth twice (2) per day, the proper use of fluorides, a healthy diet, and regular check-ups with a dental professional are recommended in order to maintain good oral health.
- Commercial tobacco use of any kind can cause gum disease, tooth loss, and oral cancer.